



Ready for Retail

Dress For Success

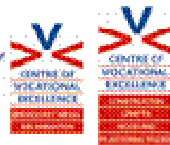
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(Skills Coach)**





Ready for Retail

- Why should dressing appropriately matter?
- How to dress for an interview.

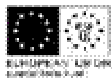




WHY SHOULD WHAT YOU WEAR TO AN INTERVIEW MATTER?

- **Appearances do count**
- **Dress and act the part.**
- **Be remembered for being the smartest candidate rather than the most casual.**
- **Dressing smart shows you are taking the interview seriously even in an office where business-casual attire is the norm.**
- **Shake hands firmly and maintain eye contact during the interview.**
- **Sit up straight in the chair and show you are interested.**
- **If the interview includes being shown round the office, make sure you demonstrate your interest to the person showing you round. They may not have a significant input into the decision to recruit but they could be asked for comments.**

Source: www.nottingham.ac.uk/careers/students/applications/interviews/





How to dress for an interview

MEN

- Suit (solid colour - navy or dark grey)
- Long sleeve shirt (white or coordinated with the suit)
- Belt
- Tie
- Dark socks, conservative leather shoes
- Little or no jewellery
- Neat, professional hairstyle
- Limit the aftershave
- Neatly trimmed nails
- Portfolio or briefcase

Source: <http://jobsearch.about.com/od/interviewattire/a/interviewdress.htm>

WOMEN

- Suit (navy, black or dark grey) or smart alternative
- The suit skirt/dress should be long enough so you can sit down comfortably
- Coordinated blouse
- Conservative shoes
- Limited jewellery (no dangling earrings or arms full of bracelets)
- No jewellery is better than cheap jewellery
- Professional hairstyle
- Neutral tights
- Light make-up and perfume
- Neatly manicured clean nails
- Portfolio or briefcase



